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## Caloo Workout - CW39 Stretch Post

(Formally known as Leg Lift) www.ca









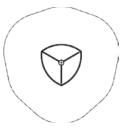
Unit Weight : 40kg Unit Free Fall Height : 1109mm Area Needed: 4000mm x 4000mm







4000mm















Use this unit to stretch your leg muscles and improve flexibility and balance.

The Caloo workout Range features individual fitness stations which offer an environmentally friendly outdoor fitness facility. Each unit is designed to target a specific muscle group, creating a variety of activities which can create a full body workout or aid recuperation after accident or illness. Caloo Workout units are available in three attractive colour combinations: blue and silver, green and silver or red and yellow.

(Surface diagram to scale 1:100 on A4)
(User diagram shows unit with a 1.8m tall adult)









