

Outdoor Gyms

Our Outdoor Gyms have been designed to extend a variety of exercise opportunities to the wider community. With resistance being provided by the users own body weight, these human powered, carbon neutral exercise stations are perfect for keeping fit and recuperating after illness. Suitable for all users over 1.4m tall.

Colour Options:

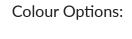
Our standard units come in:







Cardio Bundle Features 8 Units with 12 User Stations







Green and Silver



Blue and Silver





Red and Yellow



CW08 Skier



CW12 Air Walker



CW14 Rider



CW15 Body Twist



CW28 Cycle



CW23 Cross Rider



CW32 Rower



CW06 Leg Press

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Community Bundle Features 8 Units with 14 User Stations

Colour Options:





Green and Silver



Blue and Silver





CW08 Skier



CW12 Air Walker



CW36 Stepper



CW15 Body Twist



CW35 Arm Bike



CW57 Lat Pull & Chest Press Combi



CW32 Rower



CW06 Leg Press







Strength Bundle Features 7 Units with 15 User Stations

Colour Options:



Green and Silver



Blue and Silver



Red and Yellow



CW10 Chin Up



CW07 Exercise Bars



CW57 Lat Pull & Chest Press Combi



CW06 Leg Press



CW03 Airwalker Duo



CW05 Cross Rider Duo



CW16 Combi Benches

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Education Bundle Features 8 Units with 14 User Stations

Designed specifically for schools - Cardio based activities suitable for Keystage 2 and above.

Colour Options:



Green and Silver



Blue and Silver





CW08 Skier



CW12 Air Walker



CW14 Rider



CW15 Body Twist



CW35 Arm Bike



CW23 Cross Rider



CW36 Stepper



CW67 Cardio Boxes







Lesson Plans/ Training Packs (Additional cost applies)

We supply support packs to suit your needs, whether the equipment is bought for KS2, KS3 or for adults. Our support packs for KS2 & 3 even include lesson plans as well as equipment use information, all in relation to the new National Curriculum, to really help teachers make full use of the new fitness facilities.



on Site Training (Additional cost applies)

We are able to provide you with a range of training workshops at a time to suit you.

Courses include: Midday Supervisor (1 hour), Teacher Training (2 hour at twilight) and Pupil Education Programmes (1/2 or full days). Each includes:-

- A step by step guide to using each individual piece of equipment within your Bundle safely and accurately ensuring maximum benefit to the user.
- Practical ideas on how to adapt the way you use each piece of equipment in order to make the exercises more, or less, challenging to ensure all your pupils are fully engaged.
- Support to ensure you meet the current demands of the National Curriculum for Physical Education (NCPE) when using your Caloo equipment in lessons and includes innovative methods of using your Caloo equipment in ways other than just as a circuit training facility.
- How to use your support publications effectively enabling you to teach engaging and challenging lessons to pupils of all

Contact our sales office for full details of each course.

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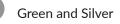




Full Body Workout Bundle Features 12 Units with 20 User Stations

Colour Options:







Blue and Silver





CW01 Lat Pull



CW02 Chest Press



CW14 Rider



CW06 Leg Press



CW23 Cross Rider



CW07 Exercise Bars





CW12 Air Walker



CW10 Chin Up



CW32 Rower



CW08 Skier



CW28 Cycle



CW16 Combi Benches





Rehabilitation Bundle Features 8 Units with 14 User Stations







Green and Silver





Blue and Silver





CW08 Skier



CW12 Air Walker



CW23 Cross Rider



CW15 Body Twist



CW28 Cycle



CW13 Tai Chi Wheel

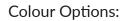


CW17 Body Rotator



CW26 Back Massager









Green and Silver



Blue and Silver



Red and Yellow



CW14 Rider



CW23 Cross Rider



CW15 Body Twist

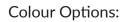


CW35 Arm Bike

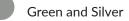




Storter Bundle 2 Features 4 Units with 7 User Stations









Blue and Silver



Red and Yellow



CW32 Rower



CW07 Exercise Bars



CW57 Lat Pull & Chest Press Combi



CW06 Leg Press



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Starter Bundle 3 Features 4 Units with 7 User Stations

Colour Options:



Green and Silver



Blue and Silver





CW12 Air Walker



CW08 Skier



CW23 Cross Rider



CW15 Body Twist



