



Age Range
Age > 14+



No. of Users
1



Free Height of Fall
> 1.26m



Assemble Time
1 H



No. of Activities
2



Impact Area
11.3m²

Ring Pull Ups

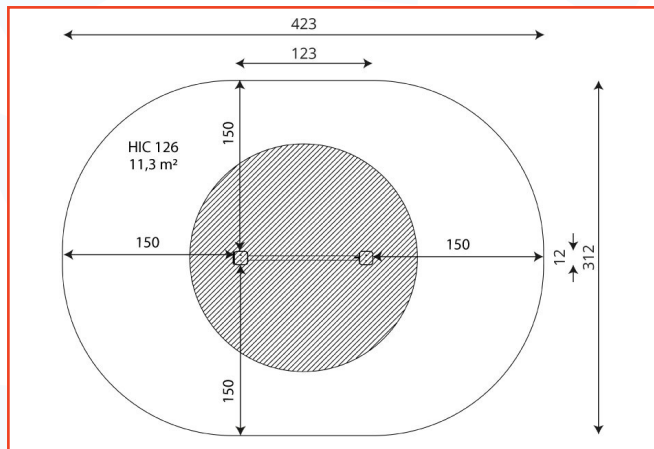
2313

A compound exercise that focuses on the upper body, ring pull ups allow for better joint position and natural movement when carrying out the exercise. The muscles targeted in this exercise are the lats, upper back, biceps and forearms.

Available in different colours
(Additional charges may apply)



Technical Information



Materials



Powder galvanized and powder-coated or stainless steel construction of 100 x 100 mm profile, durable end caps on the top of the structure made of plastic.



Aluminum exercise instructions plate screwed to HDPE plate, resistant to weather conditions.



HDPE handles resistant to weather conditions and calibrated stainless steel chains to prevent fingers from getting trapped.



Stainless steel screws and/or screws covered with plastic caps.

Surfacing

Surface Measurements

Grass Matting	16m ²
Grass Matting (Wear Area)	6m ²
Wetpour	11.3m ²

No safety surface required as critical fall height is less than 600mm. However, we suggest allowing an appropriate free space around the item in compliance with BS EN1176.

Data is subject to change without prior notice.