



Age Range
Age >14



No. of Users
16



Free Height of Fall
>1.3m



Assemble Time
24-25H



No. of Activities
11



Impact Area
68.6m²

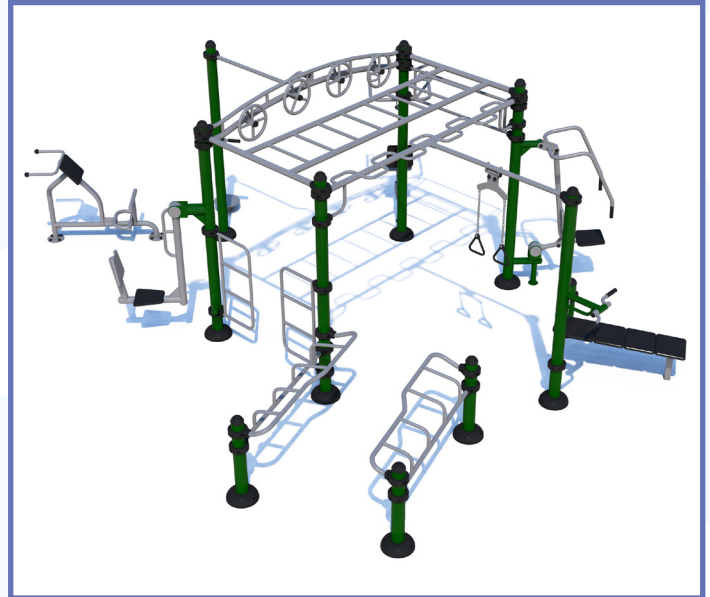
Fitness Zone

CW-FZ

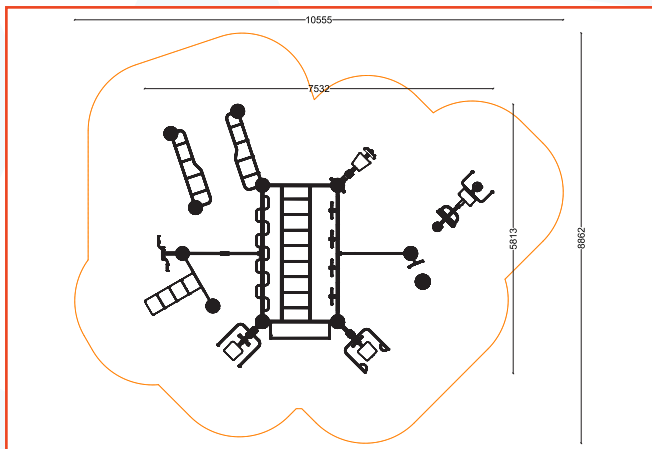
The Fitness Zone is a premium outdoor fitness and calisthenics system designed to provide a complete strength, agility and functional training experience for secondary schools, parks and community spaces.

Combining a wide range of bodyweight exercise stations with traditional outdoor gym equipment, it encourages users to develop strength, coordination, balance and cardiovascular fitness within a single, space-efficient installation.

Manufactured in accordance with BS EN 16630 outdoor fitness standards



Technical Information



Materials



The main structure is manufactured from welded steel tube, forming the upright posts, moving arms, foot supports and frame. Steel provides the strength, rigidity and load-bearing performance required for outdoor fitness equipment.

The welded construction gives stability, impact resistance and long-term durability for regular public use in exposed external environments.



The steel is prepared before coating through cleaning, degreasing and rust removal. A powder-coated finish is then applied to create a smooth, hard-wearing protective layer.

This coating helps resist weathering, corrosion, surface scratches and general wear while giving the unit its green and grey appearance for outdoor use.



The hand grips are usually black rubber, PVC or thermoplastic sleeves fitted over the steel handles. They provide a warmer, more comfortable contact surface than painted metal.

The textured grip improves hand control, reduces slipping and supports repeated push-and-pull movement during exercise, especially in public outdoor fitness settings.



The black caps are typically moulded plastic or rubber components used to close tube ends and cover exposed edges or fixings. They help prevent water, dirt and debris entering the steel frame.

Caps also improve the finished appearance, reduce sharp contact points and provide a safer, cleaner detail for public-use equipment.

Surfacing

Surface Measurements

Grass Matting

80m²

Grass Matting (Wear Area)

49m²

Wetpour

68.6m²

No safety surface required as critical fall height is less than 600mm.

However, we suggest allowing an appropriate free space around the item in compliance with BS EN1176.

Data is subject to change without prior notice.